

“Every one of us needs at least a half hour each day, except when we’re busy, then we need an hour.”

– St. Francis de Sales

Stewardship of Prayer

Resolve to strengthen your relationship with the Lord through prayer.

To enhance your prayer life, please check **at least one** item per category that you would like to focus on this year.

RETURN THIS FORM TO THE CHURCH OFFICE OR PLACE IN THE WEEKEND COLLECTION.

INDIVIDUAL PRAYER *(Check all that apply)*

- | | | |
|---|---|--|
| <input type="checkbox"/> Lectio Divina | <input type="checkbox"/> Novenas/Devotions | <input type="checkbox"/> Rosary |
| <input type="checkbox"/> Liturgy of the Hours | <input type="checkbox"/> Quiet Time | <input type="checkbox"/> Scripture Reading |
| <input type="checkbox"/> Morning Offering | <input type="checkbox"/> Read the Sunday Readings prior to Mass | <input type="checkbox"/> Spiritual Reading |
| <input type="checkbox"/> Morning Prayer | | <input type="checkbox"/> Other: _____ |

FAITH COMMUNITY PRAYER *(Check all that apply)*

- | | | |
|--|--|--|
| <input type="checkbox"/> Daily Mass | <input type="checkbox"/> Parish Mission <i>(March 13)</i> | <input type="checkbox"/> Stations of the Cross
<i>(Fridays at 7:00pm during Lent)</i> |
| <input type="checkbox"/> Divine Mercy Chaplet
<i>(Wednesdays at 3:00pm during Lent)</i> | <input type="checkbox"/> Prayer Line | <input type="checkbox"/> Weekly Mass |
| <input type="checkbox"/> Family Prayer | <input type="checkbox"/> Retreat | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Grace before Meals | <input type="checkbox"/> Rosary <i>(Monday – Friday at 7:30am, Tuesdays at 6:30pm)</i> | |

I COMMIT TO PRAY FOR THE FOLLOWING *(Check all that apply)*

- | | | |
|--|--|---|
| <input type="checkbox"/> Abuse: Substance, Physical, Emotional | <input type="checkbox"/> Family Life | <input type="checkbox"/> Separated/Divorced |
| <input type="checkbox"/> Addictions | <input type="checkbox"/> Homebound | <input type="checkbox"/> Sick |
| <input type="checkbox"/> Children/Youth | <input type="checkbox"/> Increase in Faith | <input type="checkbox"/> Singles |
| <input type="checkbox"/> Church | <input type="checkbox"/> Married Couples | <input type="checkbox"/> Those who have no one to pray for them |
| <input type="checkbox"/> Clergy | <input type="checkbox"/> Nation | <input type="checkbox"/> Unemployed |
| <input type="checkbox"/> Clergy | <input type="checkbox"/> Non-Practicing Catholics | <input type="checkbox"/> Vocations |
| <input type="checkbox"/> Engaged | <input type="checkbox"/> Peace in the World | <input type="checkbox"/> Widowed |
| <input type="checkbox"/> End of Abortion | <input type="checkbox"/> Poor Souls in Purgatory | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Enemies | <input type="checkbox"/> RCIA <i>(those becoming Catholic)</i> | |

I pledge to pray _____ hours per day or _____ hours per week.

Name _____ Phone _____ Email _____

INVITATION TO PERPETUAL ADORATION

1. Yes, I am willing to spend an hour once a week with Jesus in Eucharistic Adoration.

Name _____ Phone _____ Email _____

2. I will be sharing my time in Adoration with:

(This is a new option where teams of people can sign up together. For example, if a team of two sign up, they can alternate time in Adoration every other week or split the weekly time. Teams must be arranged before sign up.)

Name _____ Phone _____ Email _____

3. Please check which time of the day you prefer:

- | | |
|--|--|
| <input type="checkbox"/> Morning (6am – Noon) | <input type="checkbox"/> Night (Midnight – 6am) |
| <input type="checkbox"/> Afternoon (12 Noon – 6pm) | <input type="checkbox"/> I am flexible, please place me where you have the most need |
| <input type="checkbox"/> Evening (6pm – Midnight) | |
- I am willing to be a coordinator to help organize Perpetual Adoration.

